

# End teen dating abuse

It starts with a conversation.  
Talk to someone today!

TEEN  
DATING  
VIOLENCE  
AWARENESS  
MONTH



#teenDVmonth



NO MORE

Break the Cycle

Because Everyone Deserves a  
Healthy Relationship

# You are not alone

if you are a young person in an abusive  
relationship, talk with a peer advocate.  
Text "loveis" to 22522.

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# Be the change

if you think someone may need help, let  
them know you are there to support them  
no matter what.

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# You don't need to have all the answers

if a someone tells you that they are being  
abused, start by saying "I believe you," then offer  
to go with them to get help.

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